**Appendix A:** First-year Curriculum

**Academic Block 2 Theme**: Personal Development and Collaboration

Week 1: LECTURE: Creating your own Mission, Vision, Values

Week 2: HANDS-ON: Personal Assessments: StrengthsFinder

Week 3: HANDS-ON: Leveraging Results of StrengthsFinder

Week 4: LECTURE: Finding your Why and the 80/20 Principle

Week 5: LECTURE: How to be an Advocate and Leader (Lecture by Mayor of Riverside)

Week 6: ACTIVITY: Nonverbal Communication and Public Speaking Workshop

Week 7: PRESENTATIONS: Students give presentations and receive feedback.

**Academic Block 3 Theme:** Communication/Interacting with Others

Week 2: LECTURE: How to Win Friends and Influence People by Dale Carnegie

Week 3: ACTIVITY: Negotiation Workshop

Week 4: ACTIVITY: Conflict Resolutions (led by Office of Ombuds)

Week 5: HANDS-ON: Dinner with the Deans Networking

Week 6: LECTURE: Impact of Physician Leadership on Quality and Safety

Week 7: LECTURE: Healthcare Payment Reforms

**Academic Block 4 Theme:** Hands-On Application

Week 1: ACTIVITY: Present a passion project.

Week 2: ACTIVITY: Managing a team, SMART Goals

Week 3: ACTIVITY: Lean and 6 Sigma Principles. White/Yellow Belt Training

**Academic Block 5 Theme:** Hands-On Application through Project

From this point on through the end of the school year, students will continue working on the project. Special attention should be placed on taking initial measurements to identify a baseline, intervention, measuring the results of the intervention and then publishing data. At the end of the project, they will make a formal presentation to the HLP Board and SOM Leadership.